

Terms & Conditions for Not a Casserole Widow®

Welcome to Not a Casserole Widow®. Please take a moment to review our Terms & Conditions for our network.

Not a Casserole Widow® (NACW) is seeking to Support and Coach Women Impacted by Intimate Partner Betrayal.

Please read these Terms and Conditions carefully before entering into services with Not a Casserole Widow®. All programs, networks, and spaces are services offered by NACW. Your access to and use of our services is conditioned on your acceptance of and compliance with these Terms. These Terms apply to all visitors, users, and others who access or use the services.

By accessing or using the services and products, you agree to be bound by these Terms. If you disagree with any part of the terms, then you may not access the services and products.

Services Provided: Support Groups, Coaching, Retreats, Not a Casserole Widow Community Network.

Products Provided: Digital and Downloadable content, ebooks, workbooks, and digital files.

Definitions:

Client - any person or persons receiving services, support, or products from Not a Casserole Widow®.

Purchases

If you wish to purchase any product or service made available through Not a Casserole Widow®, you may be asked to supply certain information relevant to your purchase including, without limitation, your credit card number, the expiration date of your credit card, your billing address, and your shipping information.

You represent and warrant that: (i) you have the legal right to use any credit card(s) or other payment method(s) in connection with any purchase; and that (ii) the information you supply to us is true, correct, and complete.

By submitting such information, you grant us the right to provide the information to third parties for the purposes of facilitating the completion of your purchase.

Payments as a subscriber to Not a Casserole Widow®, you agree to pay the subscription fee monthly (or annually), via the payment terms agreed to at sign up. Access to services is dependent upon the maintenance of your subscription fees. Your subscription will be terminated if fees are not kept up to date (see Termination).

Privacy Policy

Not a Casserole Widow® has the utmost respect for our members' and customers' privacy. We want to be transparent about the data we collect, and make sure what we use it for is fair and lawful, and make sure we hold your personal data securely. Names, email addresses and purchase information are kept for accounting purposes and to register your subscription or product purchase. We do not release, sell, rent, or trade any information gathered about our subscribers/customers, and subscribers can opt out of the newsletter at any time. Furthermore, your personal data is only accessed by staff members, or people who need it to deliver the service NACW promises to give you.

We do not retain credit card and other sensitive data. Any privacy concerns should be directed here. We take all privacy concerns very seriously and will respond appropriately and quickly.

Failure to Provide Services

Not a Casserole Widow® shall not be held liable for failure of or delay in performing its obligations under this Agreement if such failure or delay is the result of an act of God, such as earthquake, hurricane, tornado, flooding, or another natural disaster; pandemic; or in the case of war, action of foreign and domestic enemies, terrorist activities, labor dispute or strike, government sanction; or failure of electrical service. The non-performing party must make every reasonable attempt to minimize delay of performance.

Confidentiality

Not a Casserole Widow® and communities are safe places. There are also places where people will be sharing sensitive information and experiences. You are not permitted to disclose any identifying details about program participants to anyone. This includes, but is not limited to names, spouse/partner/children's names, locations, job titles and any other information that they choose to share during any interaction. All participants in any programs are subject to a participation and Confidentiality Agreement. NACW cannot be held liable for any breaches in confidentiality that may occur as a result of participants failing to adhere to this agreement.

Consent to Release

Due to the nature of our support there are occasions when supporting professionals within Not a Casserole Widow® need to hand off "clients" for various other groups, coaching, retreats, etc. As a team of professionals, we are committed to protecting your confidentiality and privacy. We commit to uphold our code of ethics as professional coaches and caretakers. We commit to only share pertinent information that is needed in order for another team member and/or supporting professional to support our client(s). Information shared could be, but is not limited to, coaching progress, intake forms, assessments, current emotional and health needs. The purpose of release is coordination or transfer of care, referral to other services, consultation with other supporting professionals within NACW.

Disclaimer

All of the content contained in our programs is edited, checked, and verified for accuracy as much as it is possible to do so. However, we cannot guarantee either its accuracy or the safety of any external links it might contain. Not a Casserole Widow® and contributing authors cannot, therefore, be held responsible for any problems or damage that occurs as a result of making use of material contained on our site. We also release responsibility for any actions taken as a result of material presented as part of the program, acknowledging that responsibility for personal choice lays with each individual participant.

Links to Other Websites

Not a Casserole Widow® may contain links to third-party websites or services that are not owned or controlled by NACW. NACW has no control over, and assumes no responsibility for the content, privacy policies, and/or practices of any third-party websites or services. You further acknowledge and agree that NACW shall not be responsible or liable, directly, or indirectly, for any damage or loss caused or alleged to be caused by or in connection with use of or reliance of any such content, goods, or services available on or through any such websites or services. We strongly advise you to read the Terms and Conditions and Privacy Policies of any third-party websites or services that you visit.

Copyright

Any and all of the material presented by Not a Casserole Widow® is, unless explicitly stated otherwise, is the intellectual property of Kim Hansen Petroni and Not a Casserole Widow® and as such are protected by copyright, trademark, and other intellectual property laws. You may not use the platform or the products available on this platform in a manner that constitutes an infringement of NACW's rights or that has not been authorized by NACW explicitly and in writing. More specifically, unless explicitly authorized within these Terms of Use & Disclaimers, you may not modify, copy, reproduce, republish, upload, post, transmit, translate, sell, create derivative works, exploit, or distribute in any manner or medium (including by email or other electronic means) any of the documents on NACW's e-commerce platform. You may, however, download and/or print the purchased document for your personal use or give it to a client within the context of betrayal trauma work, provided you keep intact all copyright and other proprietary notices. Any breach of these terms of service may necessitate legal action.

The information contained in these documents cannot replace or be substituted for individual assessment, diagnostics, and/or any service offered by licensed and certified mental health, medical, and/or legal professionals. Purchasers are advised to consult qualified professionals for matters relating to medical or psychological health, particularly concerning any symptoms that may require diagnosis or treatment. NACW makes no representations or warranties concerning any treatment, action, or application of the skills and exercises presented in any of the documents. NACW will not be liable for any direct, indirect, consequential, special, exemplary, or other damages that may result, including but not limited to economic loss, injury, divorce, illness, or death. The purchaser alone is responsible and accountable for how the documents are used and

integrated into therapeutic and/or self-improvement work and agrees not to attempt to hold NACW liable for any such decisions, actions, or results at any time, under any circumstance.

Not a Casserole Widow® reserves the right to make updates or changes to any of the documents at any time and without advanced notice. A past purchase of a document does not entitle the purchaser to a copy of the new, revised, or updated form.

Changes to Terms and Conditions

We reserve the right, at our sole discretion, to modify or replace these Terms at any time. If a revision is made, we will try to provide at least 30 days notice prior to any new terms taking effect. What constitutes a material change will be determined at our sole discretion.

By continuing to access or use our service after those revisions become effective, you agree to be bound by the revised terms. If you do not agree to the new terms, please stop using the service.

Cancellation and Refund Policy

Due to the variety of support services and products Not a Casserole Widow® offers we have varying refund policies for our products. Please ensure that you understand the refund policy for any service or product you engage with.

Online Support Groups

When registering for a spot in one of our online groups, you are signing up for those sessions only. If you are unable to attend, for any reason, you will still be charged the entire group cost. Please understand that when you register, you are taking that spot for the entirety of the group. We are not able to offer partial refunds.

Retreat

We understand that situations and plans can change despite our best efforts to commit to something like a retreat. Our desire is to keep our retreats as close to cost as possible and honor our commitment with vendors we are working with. We are not able to receive a refund on our end, therefore, we are not able to offer full refunds back within certain time frames.

We will do our best to apply your funds to a future retreat when possible.

No scholarship funds will be returned to the recipient. Donors will be contacted directly by Not a Casserole Widow® to determine what the donor would like to do with those funds in the event you should cancel.

Deposits are non-refundable after 10 days of receiving. We may be able to move your registration to a future retreat.

Final payment is due 30 day before the retreat date. If full registration is not received 30 days pre retreat attendees spot will be opened for another attendee. No refunds will be issued for payments made.

If attendee cancels 30+ day prior to retreat date a 50% refund will be issued excluding deposit.

If attendee cancels less than 30 days prior to retreat no refund will be issued. Participants are allowed to move registration to the next retreat.

Not a Casserole Widow® reserves the right to address each situation and support attendees where we can. However, large portions of our retreat are customized for each of our participants so your deposit allows us to begin our work to prepare for you to attend.

Coaching

If a coaching client needs to cancel their coaching relationship/agreement at any time they must submit the cancellation request to their coach 10 days prior to ending the agreement. If the client has a positive balance for prepaid coaching sessions they will be refunded 60% of their package credit to allow for administration fees. If there is no balance the client is welcome to end the coaching relationship in writing 10 days prior to the next session without penalty or expected payment.

Not a Casserole Widow® Community Network

If you wish to cancel your subscription to Hope Online, you may do so according the the terms agreed to at sign up. If you are participating in a specific, time-limited group at the time of cancellation, you will lose access to that group.

Digital Product Purchases

While Not a Casserole Widow® does not offer refunds for digital products/services, you can report any defects to us at kimhcoaching@gmail.com.

Changes to Services as part of a subscription

Occasionally, circumstances may call for changes to be made to the services offered (including dates and times of support sessions and webinars, etc.). We will notify you of this as soon as it is reasonably appropriate to do so. We will always offer an alternative option to replace the service that is unavailable.

If a client requests a change in services, Not a Casserole Widow® will do their best to reallocate funds to another support service we offer. Clients will be responsible for any balance remaining for old/new services. Additional administration fees may apply.

Termination

Not a Casserole Widow® reserves the right to terminate your subscription, group registration, retreat registration, or coaching sessions immediately in the case of non-payment or for noncompliance of Not a Casserole Widow®'s terms and conditions. Should we need to terminate your subscription for any other reason, we will provide a minimum notice period of one month.

Contacts

Should you have any further questions, concerns, or queries about these Terms and Conditions, please contact us at kimhcoaching@gmail.com

By engaging in any of Not a Casserole Widow®'s services you **agree to Not a Casserole Widow®'s Terms and Conditions.**

Not a Casserole Widow® Community Network Agreement and Guidelines

This agreement is used to establish a baseline and understanding of what is expected and appropriate in the NACW community. Please understand that our top priority is to offer a safe space for women to heal together.

This group is hosted by Not a Casserole Widow® (notacasserolewidow.com). At Not a Casserole Widow®, we see, firsthand, the damage that intimate partner betrayal has on women and families. This agreement is in regards to our private online community hosted through Mighty Networks called Not a Casserole Widow® Community Network.

Not a Casserole Widow® Community Network is facilitated by coaches, and peers as well as individuals on a volunteer basis. We accept no responsibility or liability for the comments made in the group by members, but will act swiftly to resolve any issues if group guidelines are broken.

Self-Care

Joining this group may be one of the most important steps you have taken in caring for yourself in the wake of betrayal. At a time when your emotional resilience is at an all-time low, please take time to consider how you can care for yourself well.

We also want to remind you that taking a break from research and reading can be self-care too. Listen to what you need and honor yourself that way.

The members of NACW are not capable of managing your self-care for you. You must play an active role in creating boundaries for yourself, stepping away from something or stepping toward something. Give yourself permission to care for you.

Purpose of the Group

Not a Casserole Widow®, founded by Kim Hansen Petroni, brings together women who have lost what they believed their relationship was through betrayal. We support women navigating divorce due to intimate betrayal. Whether you're just beginning to think about it, in the middle of the process, or finding your footing on the other side, **so that each of us can become confident in our personal choices, gain awareness around emotional impacts, develop a reliable circle of support, and create a life of freedom. We can't wait to welcome you!**

ALL requests to join the community are carefully checked to make sure that they are genuine.

Confidentiality

Our Not a Casserole Widow® Community Network is a paid membership community (hosted through Mighty Networks). Only members can see who is in the group and what is posted. This group can never be changed to a public group to protect the privacy of all group members. The group can be found in a search but only those who pay a membership fee can join the community. Each member is asked a series of questions and membership payment is requested prior to admitting them into the group. This helps to ensure women are here for the common purposes of support, resources, and education.

Community Hosts will hold as confidential all disclosures made within the group with these exceptions:

Hosts reserve the right to discuss matters disclosed by group members for the purpose of receiving supervision and oversight from Not a Casserole Widow® leadership.

Community members who disclose intentions to take harmful, dangerous, or criminal action against another human being or against themselves may necessitate that group administrators warn appropriate individuals or professional services (police, social services, or others).

Not a Casserole Widow® Community Network is a professional and peer-facilitated group. You understand that:

While the group is hosted by Not a Casserole Widow®, responsibility for confidentiality lies with each member.

By joining the group and agreeing to these guidelines, you agree to maintain the confidentiality of the group and each of its members.

You are not permitted to share any identifying information about other group members to anyone.

You are also **not permitted to copy and paste or screenshot content posted within the community.**

If there is an event or resource that you would like to promote on your personal page, please contact a group admin who will help you do that safely and securely.

You also agree that Not a Casserole Widow® is released from any liability for breaches in confidentiality.

Resources

We have many helpful resources to support you in your healing. You will find that all of our journeys, while they share a number of similarities of emotion and response, are deeply individual when it comes to what 'works' for us in our healing. Feel free to use whatever resources you feel are the best for you and leave the rest. If you're not sure, please ask and we'll be happy to help.

Posting to the Group

We are committed to keeping this as a safe and supportive space and, therefore, ask that all posts be kind and respectful and that all comments be made in a spirit of helpfulness and support. We want to love each other well! Please refrain from profanity, vulgar comments, inappropriate jesting or take stabs at men who have caused harm. While we understand that our pain is valid we believe that we are responsible for the way we handle ourselves.

Guidance for communicating and meeting up outside of the group

Since our group started, we have seen our membership grow consistently. Over that time, some significant friendships and support networks have been forged in a way that has surpassed all our expectations. We are so proud to have created a space in which these relationships have begun and flourished with members regularly connecting outside of the group by message, phone, and even in person. The responsibility of Not a Casserole Widow® starts and ends within the online community. With that said, we care deeply about all our members and, as such, wanted to offer some guidance that we hope will help everyone to stay safe:

While we may feel like we know people really well from the group, it is not recommended that you invite people into your home on the first meeting. It would be better to meet in a public place.

Many of our members are heavily traumatized. It can be difficult to talk to someone in a crisis when you are dealing with your own issues. Please know that it is ok to opt out of communication with any member of the group if it becomes triggering or overwhelming. In this case, always refer them back to the main group and group administrators for support from the wider community.

Trauma and alcohol do not mix well. If you are meeting with a group of women from these communities, it is not recommended that you drink too much.

Have an exit plan. As awful as it sounds, if a meeting becomes overwhelming or triggering, the best thing to do for all involved, may be to leave. Before going into a face-to-face meeting, consider what you will do if you need to leave in a hurry as an act of self-care.

Remember, your confidentiality is your responsibility. Be careful about what you choose to share and with whom.

Not a Casserole Widow® is not responsible for any negative interactions outside of the platforms, including Facebook, Messenger, private chats, email, and/or texting. However, if you encounter a situation or interaction with group members that you feel uncomfortable about, please report it to a

member of the administrative team immediately. You can trust our tact and confidentiality and rely on us to step in, if necessary, and provide guidance.

In case of emergency

We hope that you will find support and comfort in Not a Casserole Widow®'s Community Network. We also recognize that the traumatic impact of betrayal and associated behaviors can cause very extreme responses in us. We want to make sure that you always know where to find support in a crisis. If you feel like you are in danger, or feel like you may harm yourself, please call for help using one of the numbers below.

Suicide Hotline: 800-273-8255

Domestic Abuse: 1-800-799-SAFE (7233)

By engaging in any of Not a Casserole Widow®'s services you agree to your part of keeping the Not a Casserole Widow®'s Community Network